

KAYAK CLASSES

BILL JACKSONS Shop for Adventure



Introduction to Sea Kayaking: Want to kayak? Not sure where to start? This class is designed for beginning paddlers who would like to learn the fundamental techniques and rescue skills for safe sea kayaking. The four hour lesson is held in two parts; Friday night from 6:30 – 8:30pm and Saturday or Sunday from 10:30am – 12:30pm (times may vary). The cost is \$68.00 per person or free with the purchase of a new kayak.

Introduction to Recreational Kayaking: Recreational kayaks are a blast! What's not to like? How about a class specifically tailored for recreational sit-in and sit-on-top kayaks. This lesson is 2 hours and loaded with demonstrations of entries, re-entries, rescues, and paddling techniques. Learn the skills that would be beneficial to you. This class is held in our indoor pool and Freedom Lake Park (the lake behind our store). The cost is \$68.00 per person or free with the purchase of a new kayak.

Performance Sea Kayaking: Do you love kayaking? Would you like to become a more competent paddler with a greater mastery of the skills and techniques? This is the class for you! Performance Sea Kayaking will help you develop intermediate skills needed for you to be the best kayaker you can be. The class is held on either Saturday or Sunday at Freedom Lake Park. The cost is \$68.00 per person.

Sea Kayak Rescues 101: The safest place to be is in your boat, but do you know what to do if you or a paddling buddy capsizes. If not then this is the class for you. The lessons are designed to teach you rescue techniques for those unexpected incidents. Students will learn skills such as controlled wet exits and self and assisted rescues. The class is held on Saturdays and Sundays (times may vary). Cost of the class is \$48.00 per person.

Eskimo Roll Class: Discover the ancient and still vital art of self rescue. This class is designed to give you the technique and ability to execute a successful Eskimo Roll. The instructors will guide you through every step needed in developing your very own roll. The class is held here at Bill Jackson's in our heated pool and costs \$68.00 per person. We also suggest reading *Bombproof Roll and Beyond* by Paul Dutky and viewing *The Kayak Roll* by performance video.



For more information or scheduling please call (727) 576-4169 or email us at adventure@billjacksons.com

rev 1/22/2010